# Lab - Sprint Planning Meeting

In your Groups Perform a Sprint Planning Meeting

1. Use Agile estimating to give the user stories in the product backlog a story point value  
   You may use any of the techniques which were discussed during the lecture. Try multiple techniques if time allows.
2. Estimate the team velocity for a sprint
3. Move the selected stories to the Sprint Backlog

**Q1** - How would you go about planning a meeting?  
   
**Q2** - What would your ideal sprint planning be like?